Memory Cafe

Connect, Share, and Enjoy Together

A Memory Café is a welcoming, non-clinical social gathering for people with memory loss (like dementia or mild cognitive impairment), their families, friends, and caregivers, offering a safe, supportive space to connect, share, and enjoy conversation, focusing on strengths and enjoyment rather than diagnosis. It provides companionship, reduces isolation, and offers a break from the challenges of caregiving.



Second and Fourth Wednesday each month.

1:00pm to 2:30pm

McKinleyville Senior Center

1620 Pickett Road, in Azalea Hall

707-599-5623 to RSVP and for more information.

Facilitated by Dr. Bill Carlson, and Lynn McKenna / Kim Coelho from the Alzheimer's Association.